



## Simon Langton Girls' Grammar School

Old Dover Road, Canterbury, Kent CT1 3EW

Telephone: 01227 463711 Email: [post@langton.kent.sch.uk](mailto:post@langton.kent.sch.uk)

Website: [www.langton.kent.sch.uk](http://www.langton.kent.sch.uk)

March 2023

Dear Parents/Guardians,

### **Re: Duke of Edinburgh Gold 2022-2023 Expedition Training Day 27<sup>th</sup> March 2023**

The DofE expedition training day will soon be upon us, and in preparation please ensure that you have completed the terms and conditions from Adtrex using the following link if you have not already done so. This needs to be completed in advance of the training.

[ADTREX School DofE Expedition Programme Booking Terms and Conditions 2023](#)

The training, which will take place inside, will include First Aid training, menu planning, kit and packing a rucksack, and navigation skills. Students should please wear warm, casual clothes or tracksuit (no skirts due to practical sessions) and bring:

- Notebook and pencil
- Packed lunch
- Personal medication if needed

Should students want to check the suitability of any item of expedition equipment they own, they should bring it with them for guidance from one of our experienced instructors.

Students should register with me at 08:45 ( room TBA), a lunch break of 30 minutes will be taken at a convenient time and the training will finish at 16:30.

In addition, please find attached the Gold DofE Group Expedition Programme 2023 pack from Adtrex which provides the joining instructions and lots of useful information. More detailed timings for coach pick up etc will be communicated nearer the time. Could you please complete the requested information regarding any medical issues /allergies that your child has.

Please also note the following compulsory mornings off timetable in school for route planning:

20<sup>th</sup> April route planning Gold practice half day

10<sup>th</sup> July route planning Gold qualifier half day

Thank you for your continuing support.

Yours faithfully

Mrs K Stavri

Duke of Edinburgh Gold Manager

## CODE OF CONDUCT FOR RESIDENTIAL VISITS

TITLE OF VISIT:       **D of E GOLD**

DATE OF VISIT:       **19<sup>th</sup>-23<sup>rd</sup> June; 18<sup>th</sup>-22<sup>nd</sup> September 2023**

Your parent/guardian should read this carefully before signing the consent form.

1. You should always behave in a respectful and polite manner towards any of the adults that you encounter.
  2. You must treat the environment with respect, protecting plants and animals and taking any litter with you.
  3. You will not be allowed to engage in public displays of affection/and or physical contact. Any physical contact of a sexual nature will be considered as a breach of School rules.
  4. You must respect the privacy of your fellow students and not enter anyone else's tent.
  5. You will not be allowed to smoke nor bring any cigarettes or e-cigarettes.
  6. You will not be allowed to bring any alcohol or drink it.
  7. You are not allowed to bring any drugs or illegal substances nor take any during the visit.
  8. In case of emergency, you must always carry the mobile telephone number of the Trip Leader.
-